

CONCEPT ON COMMUNITY LIFE TRANSFORMERS PROJECT OF DAY AID CARE COMMUNITY PROGRAM.

Approximately 1.5 million people have already died in Kenya from AIDS. Currently, out of every eight adults in rural Kenya, one is infected. In urban area, nearly one out of every five adults is infected. In 1984 the President declared AIDS a national disaster. Consequently the Government of Kenya has been playing a lead role in mobilising financial, human and technical resources to combat this epidemic. Today, the number of people living with HIV/AIDS in Kenya includes about 1.1 million adults between 15 and 49 years, another approximately 100,000 children and 60,000 aged 50 years and over. All these represent 7 percent of Kenyans living with HIV/AIDS.

However, the situation in Nyanza and especially Kisumu district, the target population for Community Life Transformers (CLT) project is different. Kisumu district was leading in HIV/AIDS prevalence in the country with a prevalence of 28 percent (AIDS in Kenya 2001). Seven other districts in the same Province have a HIV/AIDS prevalence of 27 percent each. This is the scenario under which DAY AID CARE is operating at this present time with very high demand for other care services, orphans and vulnerable children support services, general prevention and medical care services. The medical services are available though structures to support those who are living with HIV are far from addressing the targeted population. Stigma is the biggest threat to service provision.

The socio-economic consequences of the HIV/AIDS epidemic are widely felt in Kenya. Increasing mortality rates among adults are threatening economic and social well-being. HIV prevalence in Kisumu district according National AIDS Control Council (NACC 2003) was 30% with some parts of the district with prevalence of 30 - 35%. Women and children are bearing the heavy burden of nursing the sick and managing households with over-stretched or no resources at all in some instances. Observations show that when a husband dies of AIDS in a family, the mother is also often living with HIV/AIDS and dies shortly thereafter, leaving children as orphans.

Kenya has experienced an upsurge in the number of orphans due to the high number of deaths from HIV/AIDS - related infections, especially in Nyanza Province and Kisumu district in particular. Currently, the burden of orphans in Kenya is about 1.4 million, being children below the age of 17 years who have either lost their mother, father or both.

The Kenyan Government wisely and boldly declared the HIV/AIDS epidemic in Kenya a disaster at the start of the pandemic, and so the Government and International Community are desperately requiring support in rolling out the HIV Programme throughout the country but especially in Nyanza Province and the Kisumu District where the prevalence of HIV is about 27%, which is way above the National Prevalence of 7%.

Day Aid Care

Day Aid Care was started by Mary Elsie Atieno in the slum of Nyalenda in Kisumu,

Day Aid Care started with 12 members in 1998; today it has 450 members a living with HIV/AIDS. Programs include active outreach, education, support groups, income-generating activities, counseling, in-home care, and care of orphans. To support Day Aid Care, Mary actively seeks international, national, and local assistance. She attends international AIDS conferences where she raises awareness of Day Aid Care, seeks funding, and learns new skills that will help fellow members. Mary wants to “improve my [Mary] level of activism and commitment to the fight for the rights of people living with HIV.”


Mission Statement

To Love, Care and give Hope to the Infected and Affected.

Our mission is to encourage People affected and infected to live positively through counseling, to fight against the further spread of HIV/AIDS, and to care for the already affected and infected. The organisation assist orphans and other vulnerable community members.

COMMUNITY LIFE TRANSFORMERS (CLT)

Community Life Transformers is a new innovation under Day AID Care that is intended to be proactive innovation formed to provide a forum that would address the various socio-economic challenges facing men, women, youth, children and other vulnerable members of the society like the disabled and acutely poor persons.

Among its salient problems identified which include high prevalence of HIV/Aids, unemployment, drugs and substance abuse among the youth, poverty and general environmental degradation. CLT aims at empowering its members and the entire community in the target area by building their capacities towards self reliance, improving behavior change through concerted efforts in raising levels of HIV/Aids awareness and uncalculating positive values and attitudes for the physical environment; all these efforts happening in a drug and stress-free set-up. It thus uses a holistic approach through various sectors to address the problems unique to these slum environments. Registered as Community Life Transformers, CLT is mandated to work within Nyalenda, Kolwa and Kogony residential neighborhoods within peri-urban areas of Kisumu as its principal catchments areas. 

Project Goals and Objectives

a) **Goals**

- To Improve quality of life of people living with HIV/Aids and positively promote community health care.

- To empower members and community through well structured and sustainable income generating activities.
- Promote adherence among persons taking Anti Retroviral therapy and address stigma.
- Provide care and support of orphaned and vulnerable children thru Education and development in the community.



b) Objectives

- To Form, strengthen, coordinate and link community based Support groups with the health facilities and promote access to ARV and affordable medicine for members and those affected or infected by HIV/Aids.
- To promote Positive Living and reduce Stigma associated to HIV
- To support community economic prowess in order to reduce poverty through education and training on viable small and micro enterprises relevant to the target area.
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- To Mobilize the community to participate in Promotional campaigns aimed improving HIV AIDS Programs Challenges



Identify and address the pressing needs of the orphaned and vulnerable children of members and roll out a feeding program.

Equip men, women and youth with relevant life and coping skills necessary for personal survival and development.

Foster fruitful working partnerships and collaborations with relevant government agencies, donors and other organizations in implementing programmes and activities.

Organizational Values and Principles

a) Compassion

CLT's interventions and actions will be driven by compassion and deep commitment for the poor and marginalized slum dwellers.

b) Integrity

CLT will endeavor to guarantee the intended beneficiaries the best quality services with relatively speedy response and efficiency.

c) Innovativeness & Creativity

This is the basic of the future success of the organization. Our commitment to service excellence will be demonstrated by our continuous improvement through creativity ideas to respond to ever changing needs, complexities of the poor peri-urban

population.

 **d) Inclusiveness and Gender Consideration**

We will strive to achieve effective popular participation in decision making and in the implementation of our programs. We will also respect issues of gender and will ensure that women or females are properly given due consideration in all leadership and participatory engagements.

e) Networking & Partnership in order to enhance service delivery, effectiveness and impact.

f) Transparency, Honesty and accountability

We will integrate good governance at all levels. We will strive to serve our communities in an honest, trustworthy and to the satisfaction of our partners and donors.

 **g) Environmental Ethics**

We will take care to ensure that our members esteem issues of environmental sustainability and that our activities do not have adverse effect on the natural environment.

h) Respect for collaborating Communities.

Main Program Area

- Programs targeting Persons Living with HIV
 - Treatment, Care and Support
 - Economic empowerment
- Youth
 - Prevention
 - Education support
 - OVC care and support

Current Activities & Programmes

- Community awareness and sensitization
- Counseling services
- Home Based Care
- Support for orphans and teen age mothers.
- Economic empowerment & provision of essential support

Strategies and Approaches

- Community mobilization
- Group formation and team work
- Advocacy, awareness and trainings
- Treatment literacy ,

 Focused groups discussions and open forums.


Home-based care support for HIV positive members

Post test counseling, practical learning and exchange program

Capacity building.

Encouraging collaboration and networking with other departments organizations.

Target Communities


CLT target groups are peri-urban slum dwellers in the operation area, majority of whom are living below the poverty line. We however will give special attention to orphaned and vulnerable children, PLWAs, youth and other vulnerable and disadvantaged groups. 

Partnership and Collaborations

Currently we work in close collaboration with

- The government through Ministry of Health, Culture and social services, Local government
- Local CBOs working within our operational zone.
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Governance and Management

Currently CLT is run by a board of five committee members who are volunteers from different professional backgrounds. However, daily activities are overseen by an committed volunteer members whose recommendations are executed by the programme coordinator. 

Important Contact Address

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